



Fair Garden News In A Flash



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Please make sure to check our school-wide ParentSquare, your child's class ParentSquare, and our school website to stay informed about events that are happening at Fair Garden. Please join our electronic platform: Fair Garden's Twitter: https://twitter.com/fair_garden Thank you. ☺



Important Dates:



- 9/5- **NO SCHOOL (Labor Day)**
- 9/7- Friends of Literacy Driver Book Bags To Fair Garden
- 9/15- KCS Coupon Book Kick-Off Campaign
- 9/16- National Teaching Assistants' Day
- 9/21- KCS Early Release Day (**Please Pick- Up Your Child At 11:15 am**)
- 9/23- Community Day (Recognizing Community Service Workers)
- 9/26-9/30- Fair Garden Fall Teacher & Parent Conferences (**Please reach out to your child's teacher for a conference.**)
- 9/28- Fair Garden's Fall Picture Day
- 9/30- PTA Staff Appreciation Breakfast
- 10/3- KCS Coupon Book Campaign Ends
- 10/3 National Custodians' Day
- 10/7- Dawgs For Dads (Action Team 1)
- 10/7- End of 1st Nine Weeks
- 10/7- 1st Nine Weeks PBIS Celebration
- 10/10-10/14- Fall Break (**No School**)
- 10-17- National Boss' Day
- 10/21- 1st Fair Garden Performance Level Report Is Sent Home
- 10/31- Fair Garden's Fall Festival & STEM Night (5:00-7:00) UT students will assist.
- 11/8- In-Service Day- (**No School**)
- 11/6-Daylight Savings Time (**Turn clocks back 1 hour**)
- 11/16- KCS Early Release Day (**Pick- Up Your Child At 11:15 am**)
- 11/23-11/25- Thanksgiving Holidays (**No School**)
- 12/16-Fair Garden WinterFest (9:00 am)
- 12/20- PBIS 2nd Nine Weeks Celebration
- 12/21- ½ Day For Students (**11:15 dismissal**)
- 12/22- 1/6- Winter Holidays (**No School**)

A Note From Our Social Worker (Deanna Gnage)

Feelings

Feelings in Preschoolers can fluctuate so dramatically. Ask any parent. And while your 4-year-old is enjoyable and funny when he/she is feeling happy, they can just as easily find that "one nerve" you had left when they are feeling overtired, defiant, or over-the-top excited. Preschoolers can't always identify what they are feeling. They just know they feel. And out of those feelings ... come behaviors.

As a school, we start out each new academic year teaching the children how to identify what they are feeling and then learning to communicate it to those around them. We teach them that ALL feelings are okay BUT it's their job to learn to manage those feelings and the behaviors that come out of them. If a child is feeling angry, we often reflect back to them what they are feeling. "You are feeling angry," we say. I might add on, "I see that your face is red and your fists are balled up by your sides." When a child feels that you "see" or acknowledge how they are feeling, then they often will stop going to extremes in their behavior to get you to notice they are unhappy or mad. Our goal is to get our students to say to themselves or to an adult how they feel. As our children progress in their maturity, they now learn that they can self-regulate themselves. If they are angry, then they have 4-5 things they can do that will help them stop feeling angry. This includes a "Calm and Cozy Corner" in each classroom which is a place that they can choose to go to in order to separate themselves and calm down.

Your Preschooler will soon be able to identify the major feelings of happiness, anger, sadness, and fear. We also talk about the variations in feelings, such as frustration, excitement, worry, shyness, and feeling tired. Ask your child about their feelings. Not only should they be able to identify what their feelings "look" like but many of them will soon use "I" statements to say "I feel angry when you take away my toy. Please stop."

If you're interested in working more with your Preschooler on identifying and managing their emotions, try the "Snappy Kids" app. <https://snappykids.cc/>
Lastly, please remember that while starting out as a 3 or 4 year old in a new school can be anxiety-producing during any given normal year THIS is not a "normal" new school year. Please remember to spend extra time talking, hugging, and spending time playing with your child. Keep your routines and times for eating, sleeping, and playing the same. Consistent routines and extra time and reassurance from adults is going to be the most

A Message from Your Principal

I'm Mrs. Spikes your Fair Garden principal. Thank you for all our families that joined us for our **Annual Title 1 Meetings and Parent Orientations**. Thank you all for joining us for our 2nd Annual PTA Kick-Off Drive at Muse of Knoxville. Thank you for becoming members of our PTA this year. We want each Fair Garden family to feel welcomed to get involved at our school. We look forward to an exceptional year. We want to continuously work together, as a school family to promote success. "TOGETHER everyone achieves more." Let's light the path for GREATNESS at Fair Garden.



PTA NEWS: Our PTA president is (**Allison Comer**) allisonpcomer@gmail.com and vice-president (**Peggy Hoskins**) peggyjhord@gmail.com leading the charge for us. You can email the PTA at: fairgardenpta@gmail.com



En-lightening News *with Nurse Amanda*



Our school year is off to a bright start! Listed below are a few reminders and requests for the clinic.



Let's work together to keep all our students healthy and safe at school!

Medical or Dietary Needs

- If your student has a medical or dietary need, please turn in the required orders. All orders are to be completed by a health care provider AND the parent/guardian. Having these orders ensures we are able to meet your student's needs.
- If your student has an order for medication to be used at school, please provide the medication.
- All medications must be in appropriate containers which are properly labeled by a medical care provider or pharmacy. The prescription must be the latest one filled by the pharmacy or medical care provider. Any over-the-counter (OTC) medication prescribed for a student must be provided in its original, unopened, unexpired container with the original label and have the student's name written on the container.
- **DO NOT** send medication to school with your child. All medication must be checked in by an adult with a staff member.

Enrollment Requirements

- All students must have a proof of physical with 30 days of enrollment. I should have already contacted you if your student has not met this requirement. Please keep scheduled appointments and turn in required documentation the next school day.

Other

- Donations of new or gently used clothing/underwear/socks size 3T-6 are greatly appreciated.

As always, please feel free to contact me with any questions or concerns.

Nurse Amanda

594-1320 ParentSquare
amanda.scheele@knoxschools.org

Thank you for all you do to keep your children safe and healthy at school!



**THOMAS
FREEMAN**

KCS Coupon BOOK

Explore the great outdoors!

	LEVEL	2022-23 INCENTIVES	
	1	<ul style="list-style-type: none"> Outdoor-themed 2022 bookmark 	
	5	<ul style="list-style-type: none"> Free Chick-fil-A dessert Free McDonald's dessert Hacky sack ball 	
	10	<ul style="list-style-type: none"> KCS tie-dye short-sleeve t-shirt (Teachers can earn) Free Chick-fil-A sandwich (Teachers can earn) Free Wendy's nuggets Free McDonald's burger & fries Fun-themed pencil 	
 	25	<ul style="list-style-type: none"> Free Petro's Free Salsarita's Kid's Meal Free Bojangles' Sweet Biscuit Mini stuffed animal Jump rope 	
	50	<ul style="list-style-type: none"> 1-hour free arcade play at Main Event Free Salsarita's combo meal WonderWorks all-access pass Ripley's attraction pass 	
 	75	<ul style="list-style-type: none"> Dick's House of Sport backpack Student ticket to Ice Bears Women's Basketball Hall of Fame ticket Adjustable visor Shoney's \$5 Gift Card 	
 	100	<p>Invitation to Main Event Coupon Book Celebration held Nov. 4, 2022. Plus, a Dick's House of Sport \$100 gift card to be awarded at the Main Event Celebration!</p>	
	DISTRICT Overall TOP SELLERS	<p>Top district-wide sellers from Elementary, Middle and High School levels (a total of three) will receive a prize package, including a free Papa John's pizza once a month for ONE YEAR! Total prize package valued at over \$1,000!</p>	
	DISTRICT Top Selling CLASSROOM	<p>Top district-wide classrooms from Elementary and Middle School levels (total of two classrooms) will each receive a virtual field trip with Titanic and classroom pizza party!</p>	
	DISTRICT Top Seller	<p>Top-selling student district-wide will be pictured on the 2023 KCS Coupon Book!</p>	